

AIR-PRO

**QUICK
START
GUIDE**

wattbike



OUR MISSION

MAKE WATTBIKE THE ULTIMATE TRAINING PARTNER
FOR IMPROVING HEALTH AND PERFORMANCE

MEET YOUR WATTBIKE AIR-PRO

This guide shows you how to build and set up your Wattbike Air-Pro, how to connect to your devices, and how to get the most from your Air-Pro's features.



01 SPECIFICATION

BIKE HEIGHT	Max. 140cm (XL post. 150cm)
WIDTH	65.5cm
LENGTH	Max. 127.5cm
FOOTPRINT	122 x 65cm
BIKE WEIGHT	55kg
BOXED WEIGHT	65kg
FRAME	Steel
SEAT & HANDLEBAR STEMS	Stainless Steel
INTEGRATED GEAR SHIFTERS:	No
COVERS	Heavy-duty ABS plastic construction
FEET	Rubber height adjustable
TRANSPORTATION ROLLERS	Yes
RESISTANCE SETTINGS	1-10 Air, 1-7 Magnet
CRANKS	170mm
SEAT	Hybrid comfort seat
PEDALS	Dual sided pedal with toe cage fitted as standard
CHAIN	Industrial 1/2" x 1/8" steel
BELT	Automotive industry rubber, kevlar reinforced belt
HANDLEBAR HEIGHT ADJUSTABILITY	Range 52.5 - 70cm
HANDLEBAR FORE/AFT ADJUSTABILITY	Range 0 - 10cm
SEAT HEIGHT ADJUSTABILITY	Range 54 - 70cm
SEAT FORE/AFT ADJUSTABILITY	Range 0 - 9cm
ACCURACY	+/- 1%
POWER RANGE	0 - 2500w (Low - Medium Resistance) 0 - 3760w (Medium-High Resistance)
RESISTANCE	Air and magnet
THIRD-PARTY CONNECTIVITY	ANT+, Bluetooth, FTMS
Q FACTOR	173mm
MAX. RIDER WEIGHT	150kg
RIDER HEIGHT	5'2" - 6'4" (XL posts available)
EXTERNAL POWER REQUIRED	No



02 FEATURES

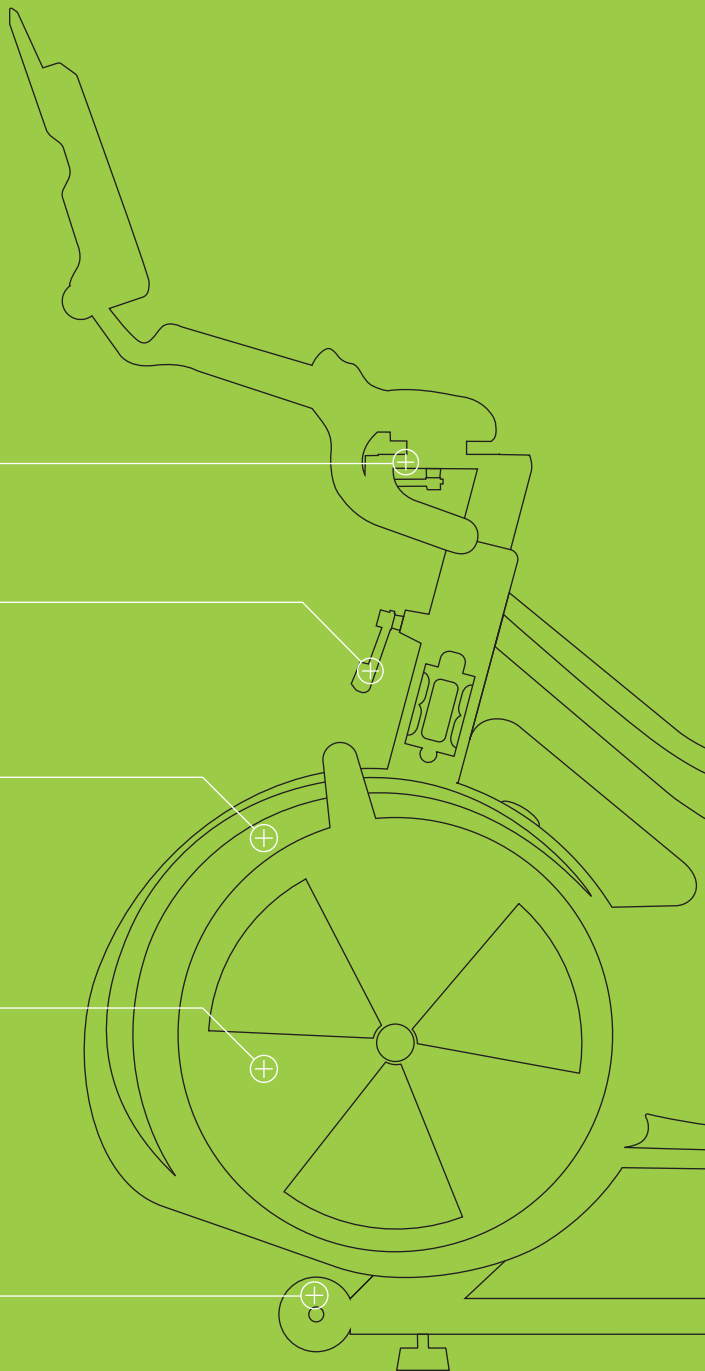
HORIZONTAL
HANDLEBAR
ADJUSTMENT

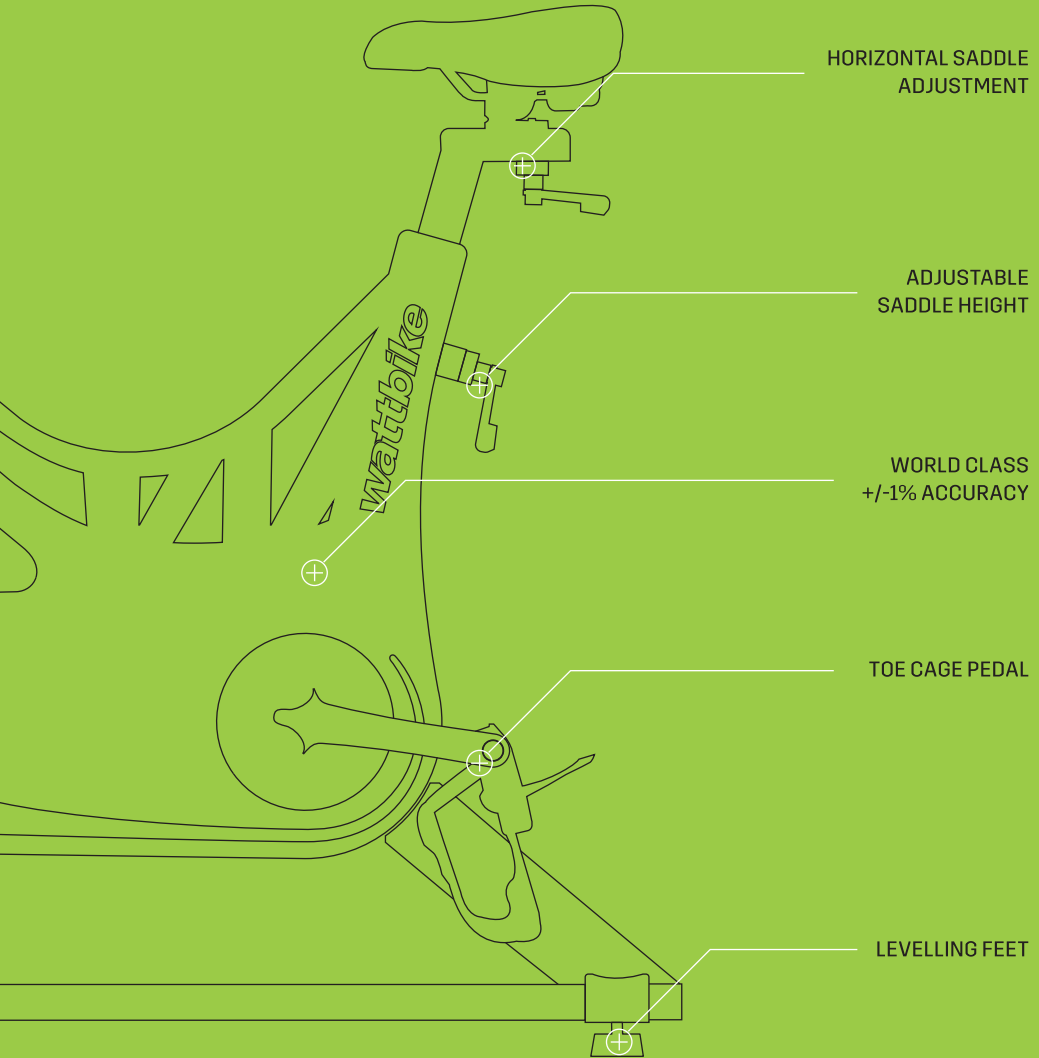
ADJUSTABLE
HANDLEBAR
HEIGHT

AIR RESISTANCE –
0-3760W

SOLID
CONSTRUCTION

TRANSPORTATION
ROLLERS

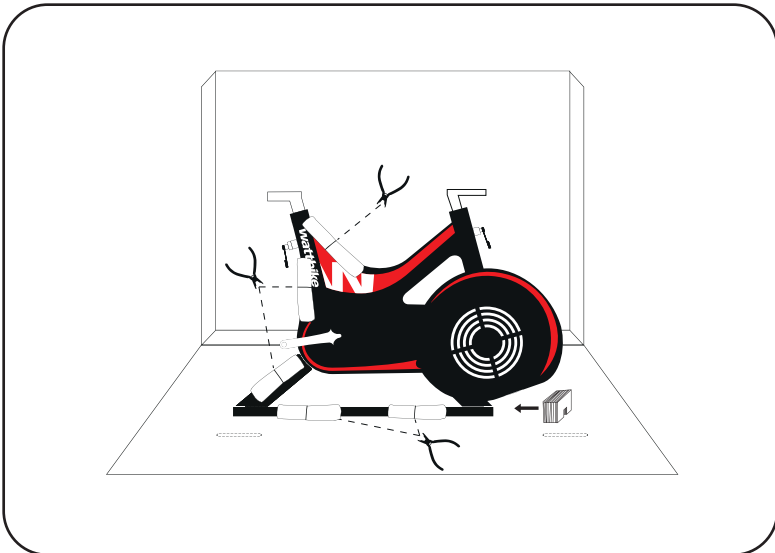
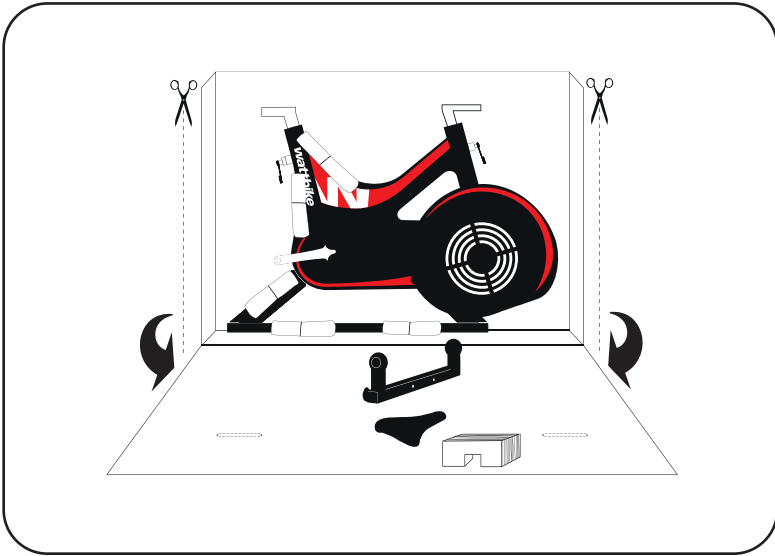




03 GET READY TO RIDE

BUILD

- 1 Cut away the side of the box and remove all of the components and the bike from it's box

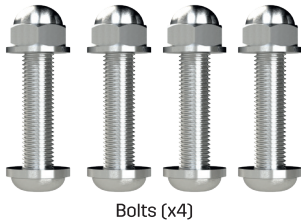


2 Check you have all components ready to assemble:

Tools:

- 6mm Allen key
- 15mm pedal spanner
- 14 + 17mm spanners

Components:



Performance
Touchscreen 2
(PTS2)



Adjustment Levers
with split washers
(x2)



Handlebars with
device holder
attached



Handlebar
dimple plate



Left
Pedal



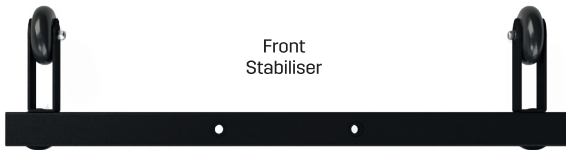
Right
Pedal



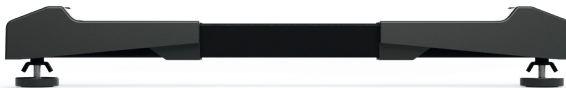
Saddle
(with clamp
attached)



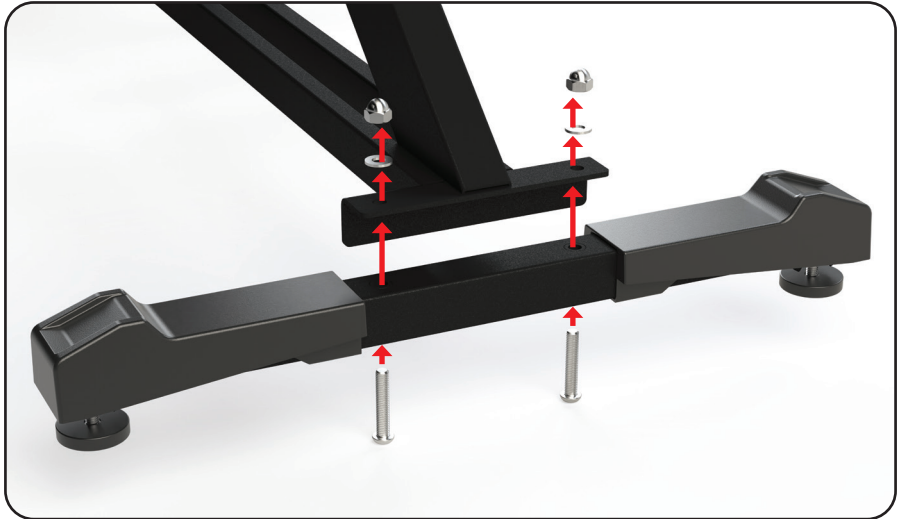
Front
Stabiliser



Rear
Stabiliser



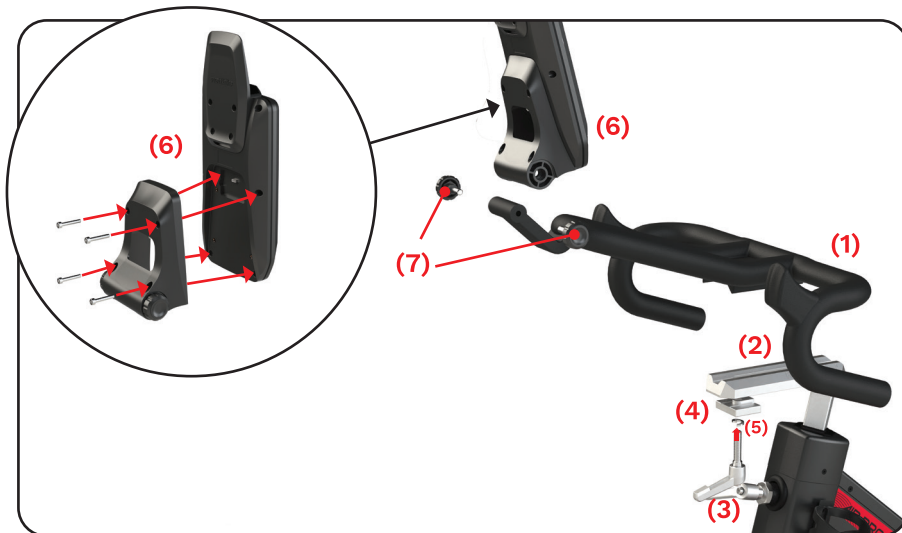
- 3 Raise the rear of the bike using the cardboard packaging and attach the **rear stabiliser (no wheels)** using a 6mm Allen key and a 17mm spanner. Complete the same process for the **front stabiliser (with wheels)**.



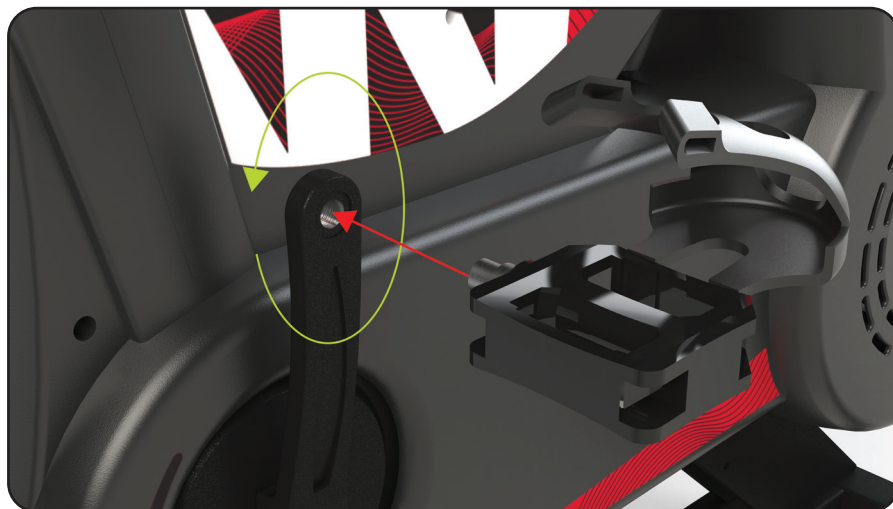
- 4 Attach the **saddle slider (1)** to the seat post using the **horizontal adjustment lever (2)** – ensure the **dimple plate (3)** and **split washer (4)** are used in the position pictured. Once this is complete, attach the **saddle with saddle clamp (5)** to the slider, using a 14mm spanner to tighten.



- 5 Attach the **handlebars with the slider attached (1)** to the **handlebar stem (2)**, using the **horizontal adjustment lever (3)** – ensure the **dimple plate (4)** and **split washer (5)** are used in the positions pictured. Attach the **PTS2 (6)** using the **thumb screws (7)** provided, these can be securely tightened in place using the 6mm Allen key provided.



- 6 Attach the **pedals** provided (or replace with your own) using the 15mm pedal spanner provided. Take care not to cross thread.



- 7 Adjust the handlebar stem, handlebars, seat post and saddle slider into your desired riding position (see adjacent page). For further guidance go to support.wattbike.com



- 8 To externally charge your **PTS2**, plug in using the power adapter provided.

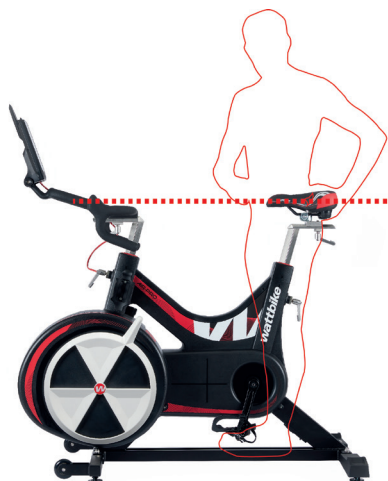


RIDE POSITION

Bike fitting is a complex subject. The following diagrams are a rough guide to get you started.

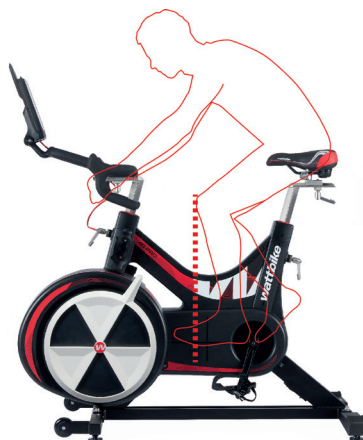
SETTING THE SADDLE HEIGHT

Set the saddle height to be roughly in line with your hip bone. You don't want your leg fully extended at the bottom of the stroke, or so high that your hips rock while pedalling.



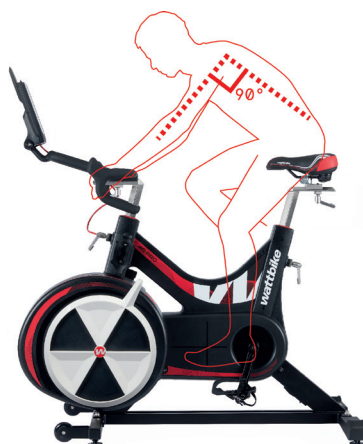
SETTING SADDLE HORIZONTAL POSITION

When your feet are level, the front of your knee should be roughly in line with the ball of the foot.



SETTING HANDLEBAR HEIGHT AND REACH

Set the handlebar height and reach so it is comfortable to hold the riding position, a good starting point is to have your upper arms and body at a 90 degree angle, and the bars at the same height as your saddle.



This is an approximate guide - visit support.wattbike.com for further information and guidance.

04 GET CONNECTED

Once your Wattbike Air-Pro is set up, you will need to link your devices before you can start riding.

1 Ensure your phone or tablet's Bluetooth™ is turned on.

2 Download the Wattbike Hub app from your app store.



Download on the
App Store

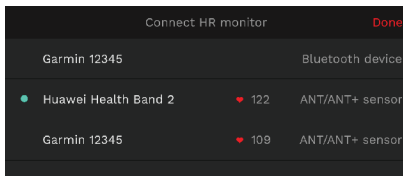
GET IT ON
Google Play

3 Open the app and login or sign up. To connect your Air-Pro:

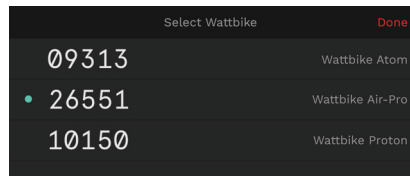
- tap Quick Ride or the workout you'd like to do
- tap Wattbike in the top right corner
- select your Air-Pro ID from the list.
- you may be asked to complete a firmware update on first connection. Follow the on-screen instructions.

4 Connect your heart rate monitor. The Air-Pro can connect to Bluetooth™, ANT+ and ANT (Suunto) heart rate monitors. They can be paired to the Wattbike Hub before starting your session or during your session when paused.

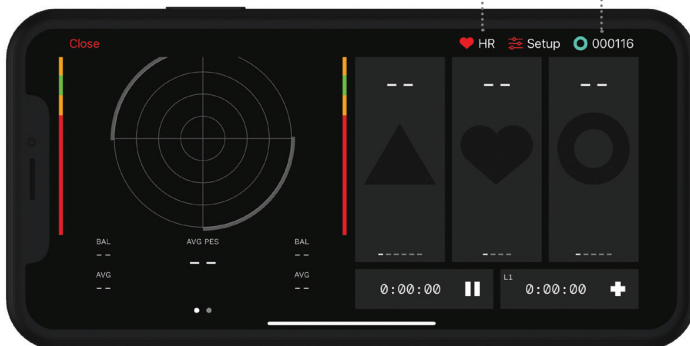
TIP: Moisten your heart rate belt contacts and wear it before connecting it to your Air-Pro. For more info visit support.wattbike.com



Click here to connect your **HR belt**



Click here to connect the **Air-Pro**



You can connect to other training apps via Bluetooth™ or ANT+, including:



05 CARING FOR YOUR AIR-PRO

AFTER EACH SESSION

To ensure your Air-Pro stays in good condition, use a clean, soft cloth and non-abrasive liquid cleaner after each session. We recommend the Muc-off Care Pack, to remove:

- Sweat
- Dust
- Dirt

You should wipe down the exterior covers, frame, saddle and handlebars and make sure that the handlebar stem and seat post are not over the maximum markers.

MONTHLY MAINTENANCE

Where necessary:

- Vacuum the floor under and around the Air-Pro to prevent the bike from picking up dust
- Inspect the feet bolts, saddle and handlebar sliders and device holder for movement and corrosion. Tighten as necessary
- Inspect the seat post and handlebar stem adjustments. Tighten as necessary
- Ensure that no sweat/liquid is pooling on the metalwork or covers
- Check that the pedals are secure and fit for use
- Ensure pedals are tightened thoroughly to avoid damage to the bike or injury to the user. We advise that you periodically check the tightness as pedals may loosen over time with use

TIP: Comprehensive service packages are available from wattbike.com. Alternatively contact Customer Support for more information.

ADDITIONAL RESOURCES

For more information and full set-up guides visit support.wattbike.com





BLK BOX

FORTIS

wattbike

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06 WARNING

- The appliance is only to be used with the power unit provided.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Cleaning and user maintenance shall not be made by children without supervision.



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